

## Care of Infants and Toddlers Guiding Questions

### Food and Formula

What are the nutritional needs of infants that must be met?

What is the safe way to prepare bottles?

What is a safe way to store infant formula and food?

What is a safe way to store breast milk?

What is the correct way to clean bottles and nipples?

What are the specific rules for feedings infants and toddlers?

### Diaper Changing/Toilet Training

When should program staff begin toilet training a child?

Can potty chairs be used for toilet training?

What must be done to ensure diaper changing is safe and prevents the spread of infections?

### Safe Sleep

What sleep equipment is needed for infants?

What additional sleep arrangements must be done to reduce the risk of sudden infant death syndrome (SIDS)?

### Program and Environment

What are primary caregiver requirements?

Does the program need a nurse consultant?

Must the program have separate sleep and play spaces for infants?

What outside play programming must be available to infants?

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